

SEXUAL BEHAVIOUR CLINIC - me



WHO IS THIS PROGRAM FOR?

In line with best practice, SBC-me is delivered to sentenced prisoners who are assessed as being at moderate to high risk of sexual re-offending, and who have identified intellectual, learning or developmental disabilities.



WHY DO WE DO THIS WORK?

To contribute to public safety by giving offenders the skills to manage their thoughts and emotions, and improve their ability to deal with problem situations.

To prevent the creation of future victims by giving offenders the skills to manage situations in pro-social ways without sexually re-offending.

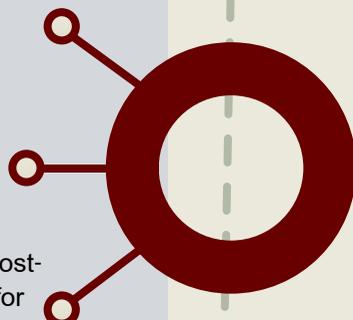


HOW DOES IT WORK?

Research has demonstrated that offender rehabilitation programs are effective at reducing the risk of re-offending.

Outcomes for participants are monitored through ongoing evaluation to ensure that SBC-me is effective at reducing the risk of sexual re-offending.

Providing rehabilitation to offenders is a cost-effective strategy with important benefits for society; if fewer people become victims of crime, the associated costs from police and court contact, the long-term costs of imprisonment, and costs to the health system and employers, can be reduced.

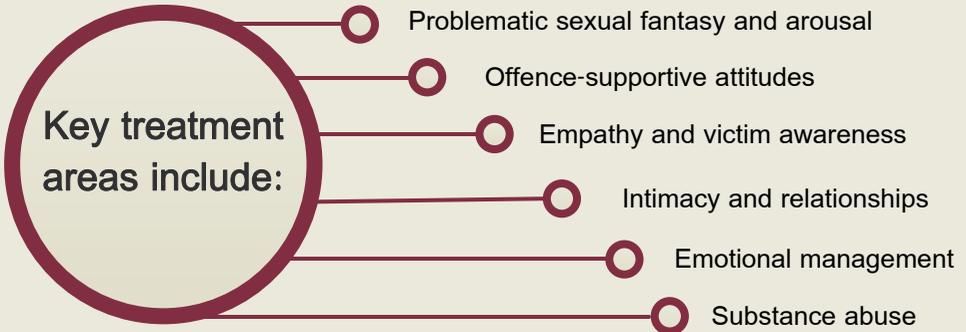




WHAT IS THIS PROGRAM?

The Sexual Behaviour Clinic-me (SBC-me) is part of the suite of DCS rehabilitation programs, and has been designed specifically for offenders with a moderate to high risk of sexual re-offending who have identified intellectual, learning or developmental disabilities.

The program uses psychological techniques such as cognitive behavioural therapy, mindfulness, and distress tolerance to address the values, attitudes, emotions and behaviours that contribute to sexual offending. To address offenders' learning needs and assist skill development, SBC-me uses methods of program delivery including discussion, role play, art and drama therapy.



WHAT HAPPENS AFTER THE PROGRAM?

SBC-me participants continue to receive case management from DCS after completing a program. This includes identifying appropriate supports to assist them to reintegrate into the community, and developing targeted risk-management strategies to ensure compliance with any conditions set by the Parole Board or the Courts.

"This will help me to see what abuse can do to people you hurt, and it will help me to treat them with respect and it will help me make better choices in the future."

